

Information for All who Participate in 2011 Worldwide Solstice Chanting for Peace

Thank you for joining us in this effort to create 24 hours of continuous chanting for peace.

The Theme of our chanting this year will be:

“Let us cleanse (ah) our relationship (eh) with cosmic awareness (ee) so that we may awaken (ee) to the ancient teaching (o) that all of creation is sustained and carried (u) within the vast self, in this moment and every moment in time.”

Chanting the Vowel Sounds:

Here is a description of the specific sounds to chant:

a pronounced "ah" as in ma = purification or to cleanse
e pronounced as "eh" as in pet = placement and relationship
i pronounced "ee" as in tree = awareness
o pronounced "o" as in grow = innocence or teachability
u pronounced as "u" as in true = carrying or being carried

Please chant each vowel sound in unison without harmony for 10 minutes and then chant the Seeds of Peace Song for the final 10 minutes.

You can learn the Seeds of Peace Chant by going to the following webpage:

<http://www.youtube.com/watch?v=HadINb8UEwc&noredirect=1>

Blessings and peace to all,

Rick and Elisa for the House of Mica Peace Chamber