

House of Mica Peace Chamber Newsletter

Manifesting Peace in the New Millennium - Summer 2011

Chamber Caretakers: Rick & Elisa Cotroneo



On one level, we dance to honor the present, cleanse the past and to bless the future. On another level, we dance to step out of perceptual time into the eternal presence of the One Divine Being of Love.



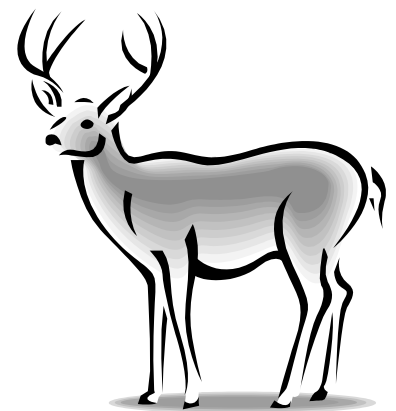
In each moment, we are sustained by the Light of God. When we fast without food or water we see that Spirit is the true source of our lives.

*Call to Vision
Quest Dancers!*
**Sun-Moon Dance
August 19-22**

This ceremony helps us connect with the earth, the sky and all of nature. When we dance we experience ourselves as connected to a divine whole.



This dance represents an important opportunity to contribute to the healing of your self, your community and the planet. This ceremony is open to all who feel called to serve and heal.



The summer of 2011 will mark the 14th Sun-Moon Dance to be held on the grounds of the House of Mica Peace Chamber. This dance grew out of the vision of Beautiful Painted Arrow, a Native American Medicine person. This is not a Native American Dance but is a mystical dance open to people of all backgrounds and faiths. Rick and Elisa Cotroneo, long time students of Beautiful Painted Arrow will facilitate the ceremony, as they have each year since 1998. They each have 25 years of experience with sacred dance. Drugs or alcohol are not allowed on the site. This dance, and all of the work of the House of Mica Peace Chamber, is supported by gifts freely given by those who participate. We dance because the Land has dreamed these ceremonies into Being-ness. **For more information call Rick or Elisa at 518-477-1416 or visit www.houseofmica.org and click on the Sun-Moon Dance tab.**



Honoring Tlakaheel with a Blanket

On June 13-14th, the Toltec elder Tlakaheel visited the House of Mica to offer teachings and healings. In appreciation for a lifetime of tireless efforts on behalf of "the people", the House of Mica community gifted Tlakaheel with a Pendleton blanket. It was a moving ceremony as we gave thanks for his teachings, wrapped him in the beautiful Circle of Elders blanket and sang an honoring song to him. As he has for so many visits over the last 12 years, he gave an inspired talk about earth changes, hope, and our power to reinvent society. We are grateful for Tlakaheel and all of our elders.

Summer Reading

Sound: Native Teachings + Visionary Art by Joseph Rael / Beautiful Painted Arrow is a wonderful book packed with ancient wisdom, spiritual artwork and a vibrancy that leaves you feeling that you have just been sitting in the presence of a mystic. This book articulates the foundation upon which the Sound / Peace Chambers are based. Includes links to audio tracks on the internet. Visit www.josephrael.org

Fire Ceremony Held on 7th Each Month at 7pm

Join us for this monthly Fire Ceremony for world peace. We light a fire in a sacred manner and watch its reflection against the wall of the peace chamber. The mystic is one who is aware of that which is just beyond normal perception. This ceremony is a metaphor for lighting the edges or boundaries (walls) of our awareness which is what it takes to live life as a mystic. To attend, please send mail to homica@nycap.rr.com

House of Mica Peace Chamber
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East Greenbush, NY 12061
Email address: homica@nycap.rr.com

Other Summer Events at the House of Mica Peace Chamber

Sweat Lodge Ceremony
Saturday, July 30th, start fire at 3pm

Work Days to Prepare for
Sun-Moon Dance
Saturday, July 23rd, 10am - 4pm

To receive monthly updates via email send a note to: homica@nycap.rr.com
Visit our website www.houseofmica.org for updates and additional information.